

Dominican Republic Mission Trip

Packing List

You are allowed 1 bag that fits under your seat and 2 checked bags that weigh no more than 50 lbs each. Please pack 1 checked-in bag for you and save 1 for mission supplies.

International Travel Needs

- Passport (must not expire at least 6 months from travel date)
- Completed E-ticket for entry into the DR (must be done 48 hrs before travel)
E-ticket website (you can switch to English) <https://eticket.migracion.gob.do/>
- Medical information and insurance card
- Emergency contact information
- Hand sanitizer
- Phone and charger
- Ear buds and charger
- Travel pillow
- Snacks

Money Needed

- Money or credit card to purchase food at the airport
- Tips for your hotel room (About \$2 per night)
- Tips for food servers and bus drivers (About \$20)
- Money for a snack run at the local supermarket mid-week
- Money for souvenirs
- Money for incidentals

Clothing (these are very poor communities so please dress modestly)

- Shorts, capris or long pants
- Sundresses
- T-shirts or shirts
- Swimwear for pool and beach
- Lightweight sleepwear
- Underwear
- Sandals and flip flops
- Socks
- Sneakers
- Closed toe boots if you will work in construction
- Sun hat or cap
- Sunglasses
- Inexpensive earrings/jewelry/watch

Personal Items

- Water bottle with large opening for everyday use
- Medications
- Bug spray
- Anti-bacterial hand sanitizer
- Sunscreen/sun block
- Bath towel and/or beach towel
- Washcloth
- Laundry bag
- Wet wipes (toilet paper is not always accessible)
- Personal Snacks
- Gold Bond/Corn Starch
- Deodorant
- Comb/brush
- Contacts/contact solution and case
- Glasses/glasses case
- Toiletries
- Razor/shaving cream
- Soap and shampoo
- Toothbrush/toothpaste/floss
- Bible
- Handbook/Journal/Pen
- Backpack for your plane carry-on
- Sling Back (daily use)
- Ear plugs
- Ziploc baggies (gallon, sandwich size)

Other Items

- Donated supplies
- Work Gloves
- Safety Goggles
- Prescription meds (place in your carry on)

Suggestions:

Water – You will need to stay hydrated by drinking plenty of water each day. If you don't like water, you can bring flavor packets or water enhancers to make drinking water more palatable.

CPAP – If you use a CPAP for sleeping, consider bringing a battery backup in case of loss of electricity.

TSA. – You are allowed to bring a quart-sized bag of liquids, aerosols, gels, creams and pastes through the checkpoint. These are limited to **3.4 ounces** (100 milliliters) or less per item. This is also known as the 3-1-1 liquids rule.